



November 2020



1:00 Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 5:00 Sunday Movie (A) 8:30 Bible study	2 Deep Well begins <i>Grocery pickup</i> 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A) 1:00 Trivial pursuit (LR)	3 VOTE! <i>Piggly Wiggly pickup</i> 7am-7pm presidential election 10:00 Tai Chi (A) 11:00 Balance & Strength Class (A) 12:00 Duplicate Bridge (LR) 1:00 John Miller Forum (A)	4 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A) 7:00 Bingo (A)	5 Grocery pickup 10:00 Tai Chi (A) 11:00 Balance & Strength Class (A) 1:00 Bocce Ball meeting (A)	6 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A)	7 8:30 Shuffleboard
8 5:00 Sunday Movie (A) 8:30 Prayer Group	9 Grocery pickup 10:30 Bookmobile 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A) 1:00 Trivial pursuit (LR)	10 Piggly Wiggly pickup 10:00 Seabrook Voting (LR) 10:00 Tai Chi (A) 11:00 Balance & Strength Class (A) No Duplicate Bridge 1:00 John Miller Forum (A)	11 Veteran's Day  11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A)	12 Grocery pickup 10:00 Tai Chi (A) 11:00 Balance & Strength Class 1:00 Bocce Ball Tournament (A) 7:00 Thursday party bridge (LR)	13 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A)	14 8:30 Shuffleboard
15 5:00 Sunday Movie (A) 8:30 Bible study	16 Deep Well ends <i>Grocery pickup</i> 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A) 1:00 Trivial pursuit (LR)	17 Piggly Wiggly pickup 10:00 Tai Chi (A) 11:00 Balance & Strength Class (A) 12:00 Duplicate Bridge (LR) 1:00 John Miller Forum (A)	18 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A) 7:00 Bingo (A)	19 Grocery pickup 10:00 Tai Chi (A) 11:00 Balance & Strength Class (A) 1:00 Bocce Ball Tournament 7:00 Thursday party bridge (LR)	20 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A)	21 8:30 Shuffleboard
22 5:00 Sunday Movie (A) 8:30 Prayer Group	23 Grocery pickup 10:30 Bookmobile 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A) 1:00 Trivial pursuit (LR)	24 Piggly Wiggly pickup 10:00 Tai Chi (A) 11:00 Balance & Strength Class (A) 12:00 Duplicate Bridge (LR) 1:00 John Miller Forum	25 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A)	26 Happy Thanksgiving! 	27 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A)	28 8:30 Shuffleboard
29 5:00 Sunday Movie (A) 8:30 Bible study	30 Grocery pickup 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A) 1:00 Trivial pursuit (LR)					