



September 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Transportation Day <i>Piggly Wiggly pickup</i> 10:00 Tai Chi (A) 11:00 Balance & Strength Class (A) 1:00 John Miller discussion group	2 Transportation Day 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A)	3 Transportation Day <i>Grocery pickup</i> 10:00 Tai Chi (A) 11:00 Balance & Strength Class (A) 10:30 Coffee with Rob (1391)	4 Transportation Day 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A)	5 8:30 Shuffle-board
6 6:00 Sun-day Movie (A) 4:00 Prayer Group	7 Labor Day 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A) 2:00 Trivial pursuit (G)	8 Transportation Day <i>Piggly Wiggly pickup</i> 10:00 Tai Chi (A) 11:00 Balance & Strength Class (A)	9 Transportation Day 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A)	10 Transportation Day <i>Grocery pickup</i> 10:00 Tai Chi (A) 11:00 Balance & Strength Class (A)	11 Transportation Day 10:00 Tai Chi (A) 11:15 Balance & Strength Class (A)	12 8:30 Shuffle-board
13 6:00 Sun-day Movie (A) 4:00 Bible study	14 Transportation Day <i>Grocery pickup</i> 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A) 2:00 Trivial Pursuit (G)	15 Transportation Day <i>Piggly Wiggly pickup</i> 10:00 Tai Chi (A) 11:00 Balance & Strength Class (A) 1:00 John Miller discussion group	16 Transportation Day 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A)	17 Transportation Day <i>Grocery pickup</i> 10:00 Tai Chi (A) 11:00 Balance & Strength Class (A)	18 Transportation Day 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A)	19 8:30 Shuffle-board
20 6:00 Sun-day Movie (A) 4:00 Prayer Group	21 Transportation Day <i>Grocery pickup</i> 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A) 2:00 Trivial Pursuit (G)	22 Transportation Day <i>Piggly Wiggly pickup</i> 10:00 Tai Chi (A) 11:00 Balance & Strength Class (A)	23 Transportation Day 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A)	24 Transportation Day <i>Grocery pickup</i> 10:00 Tai Chi (A) 11:00 Balance & Strength Class (A)	25 Transportation Day 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A)	26 8:30 Shuffle-board
27 6:00 Sun-day Movie (A) 4:00 Bible Study	28 Transportation Day <i>Grocery pickup</i> 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A) 2:00 Trivial Pursuit (G)	29 Transportation Day <i>Piggly Wiggly pickup</i> 10:00 Tai Chi (A) 11:00 Balance & Strength Class (A)	30 Transportation Day 11:15 Stretch 'n' Strengthen (A) 12:00 Chair Exercises (A)			